



Shen Dao Qi Gong

courses with Alain Ratié
2022

Date: February 2022

Online courses

25 - 27 February 2022

25 - 27 March 2022

Each course contains 2 hours of accompanied practice per day, the course program in pdf as well as videos and a zoom-session to ask your questions. Languages: French, German or Greek. There might be the possibility to practice *live* together during the online courses in Dresde and in Athens.

Please, contact Beate (shen-dao@posteo.de) or Aimilios (iaimilios8@gmail.com) for further information.

Athens *Greece*

07 / 08 May 2022

Contact:

14 / 15 May 2022

Aimilios Italikos

21 / 22 May 2022

iaimilios8@gmail.com

Dresde *Germany*

Group 1

23 - 26 April 2022

09 - 12 June 2022

Group 2

28 April - 01 May 2022

16 - 19 June 2022

Contact:

Beate Schurath

shen-dao@posteo.de

Cotonou *Benin*

12 / 13 March 2022

Contact:

Manuela Hemmann

mahe@posteo.net

Individual sessions *online or live*

If you have personal or more in depth questions concerning your practice, ask for an individual session.

Intensive courses *Benin*

Would you like to practice qigong intensively during 2-4 weeks? Come to Benin and discover the country as well. There is a brochure with detailed information available (mahe@posteo.net).

Summer courses 2022

09 - 13 July 2022

23 - 26 July 2022

30 July - 10 August 2022

St.Martin de Boubaux (near Alès) / France

Dresden or nearby / Germany

nearby Koroni / Greece (2 x 5 days)

Further information: <https://site.google.com/site/qigongetartsmartiaux>

Contact: alainratie@gmail.com